

Corporate Plaza Fitness Center Rules and Regulations

The Corporate Plaza office park contains a Fitness Center available for Tenant's use. The Fitness Center is located in the lower level of Corporate Plaza I and is equipped with basic cardiovascular machines and strength stations. There are men's and women's locker rooms with showers and lockers.

1. The Fitness Center is open 24 hours a day 7 days a week. Please note: heat and air conditioning is provided from 7:00 a.m. - 6:00 p.m. Monday through Friday and 8:00 a.m. - 1:00 p.m. Saturdays, except holidays.
2. The Fitness Center is for the use of building employees only. Friends, relatives and visitors are not permitted in this facility.
3. Each tenant is responsible for controlling and monitoring access to these facilities, ensuring the access cards are issued only to an employee and prohibiting its employees from lending their access cards to non-employees.
4. All persons using the Fitness Center and its exercise equipment, lockers and showers agree to do so at their own risk and agree to operate all equipment as intended and in accordance with the manufacturers' instructions.
5. Those with medical conditions such as high blood pressure, heart disease, respiratory problems, or those who are pregnant or on medication should consult with their physician before exercising.
6. If you feel faint or dizzy while exercising, stop and cool down. If you do not feel better, or experience any injury, seek help immediately, or dial 911 for assistance.
7. If you notice any faulty equipment, hazardous situations, or feel uncomfortable while utilizing the facility, please report it to the Property Management office.
8. Please warm up prior to using the equipment and cool down afterward.
9. Smoking is not permitted in the Fitness Center.
10. The lockers provided in each locker room are there strictly for you to use **ONLY** when working out. You are not to leave any personal belongings in a locker after your workout.
11. The Building is not responsible for any items left in the Fitness Center. Please remember to take all belongings with you when you leave.
12. Glass containers and alcoholic beverages are not permitted in the Fitness Center.
13. All radios/walkmans must be used with headphones.
14. Appropriate attire must be worn in the Fitness Center at all times. If you are unsure of what is appropriate please contact Property Management.
15. Please wipe off all equipment before and after completing your workout
16. Landlord reserves the right to modify, terminate and replace the Rules and Regulations herein contained and to change the method of operation, hours and other features of the Fitness Center at any time, and to close the Fitness Center as it sees fit.

The Fitness Center is for the enjoyment of all tenants and their employees. Please assist us in maintaining these facilities' cleanliness by disposing of all trash in the receptacles provided. Please report any problems to Property Management.

PLEASE FAX TO: 216.920.4447 OR
EMAIL TO: Dlis@lee-associates.com

Signed: _____

Print Name: _____

Company: _____

Date: _____

Sex: M or F